

# EDT > EST

by Colin Franco



# **What is Eastern Daylight Time?**

How did it start?

What about after the war?

**WHY EST  
SUCKS BALLS**



**LESS LIGHT**

**Impossible to enjoy**

**Impossible to sleep in**

**Impossible to play outside :(**

**You gain an hour of sleep at night**



**WHY EDT  
BETTER**



**MORE LIGHT**

**Less crime**

**Lower energy bill**

**Less traffic accidents**

**Improved mental health for all ages**

**one problem.**

**one problem.**

**THE SHIFT**

**the solution?**

**the solution?**

**GET RID OF IT**

**If it's so much  
better, why don't  
we use it?**

**WE TRIED.**

NEWS

# Looking back at the deadly blizzard of 1974

Detroit Free Press file

Published 6:07 a.m. ET Dec. 17, 2023





**AMERICA IS FULL  
OF BABIES WHO  
HATE CHANGE.**

# What time is it now?

<<time>>



what timezone is it

All

Images

News

Videos

Short videos

Maps

# Eastern Daylight Time

Time zone in Chapel Hill, NC (GMT-4)

# Sources

[https://en.wikipedia.org/wiki/Daylight\\_saving\\_time](https://en.wikipedia.org/wiki/Daylight_saving_time)

<https://www.thecongressproject.com/standard-time-act-of-1918>

[https://en.wikipedia.org/wiki/Uniform\\_Time\\_Act](https://en.wikipedia.org/wiki/Uniform_Time_Act)

<https://www.ahs.com/home-matters/quick-tips/spring-forward-daylight-saving-time/>