

BIWEEKLY OFFICER MEETING (9/7)

this one is actual work....

WHAT WE ARE DISCUSSING

OPEN PRACTICE

MOUNTAIN CAMP

UPDATES

OPEN PRACTICE

what went well?

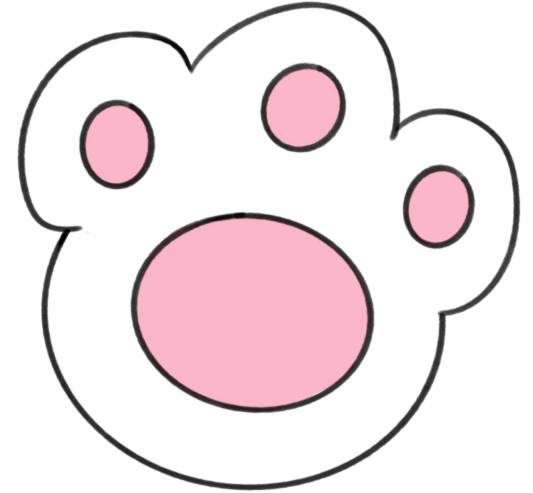
what went poorly?

is there anything that can
be improved?

anything we should
remember for next
semester?

Things to consider....

- Spreading announcements out between officers (planning them)
- Emphasizing DSERec more
- Reaching out more to people on GroupMe



MOUNTAIN CAMP

... or should we call it Lake Camp?

SEARCH AND DECIDE

- **Team Lake Camp**
 - Katie
 - Dagan
 - Junha
- **Team Mountain Camp**
 - Colin
 - Eunji
 - Mason
 - Arya



UPDATES

NEW THINGS

SAFETY OFFICERS

INSTRUCTOR
SIGN-UP

THINGS WE WANT

INSTRUCTOR SIGN-UP

- This will actually allow us to start missing practices
- Sign up at the beginning of each week (by midnight on Sunday)
- Ask leadership chat for shift covers
- Expectation of at least 3 practices per week

Wednesday, September 3	
<i>Beginners Sparring</i>	
Warmup/Cooldown	
Conditioning/Lesson	
Instructors (at least 2)	
Officers (at least 2)	
Safety Officer	
<i>Advanced Sparring</i>	
Warmup/Cooldown	
Conditioning/Lesson	
Instructors (at least 2)	
Officers (at least 2)	
Safety Officer	

EMERGENCY ACTION PLAN (EAP) ROUGH DRAFT

Currently in the works, but it's important to remember...

During-practice injuries: 919-962-2067 (Stallings-Evans)

Injury eval & treatment: 919-966-6548 (Clinic)



Risk Management / Safety Officers

RESPONSIBILITIES

- Provide first response to risk management situations before, during, and after club events.
- Responsible for transportation to urgent care or hospital facilities in the event of an emergency (injured must be accompanied by teammate, coach, or parent)
- Responsible for follow up with Sports Medicine/Athletic Training if emergency situation arises.
- Situations include but are not limited to:
 - Providing CPR/AED/First Aid to club members during club practices and events
 - Understand how to communicate and use Sport Medicine services properly
 - Know the procedures to take in case of an emergency, inclement weather or campus emergency



CONSTITUTIONAL AMENDMENTS

Vice President (Head Safety Officer)

1. Role not necessary when there are Co-Presidents.
2. The Vice President role is only for members roles within the club at least for two semesters. Anyone in this role be at least a red belt for teaching.
3. If the President is unable to fulfill his or her duties, the Vice President will take over the presidential duties.
4. Lead risk management and other safety officers.
 - i. Must be registered as a safety officer on DSE Rec.
 1. The priority of Sports Club-sponsored safety officers goes to this role.
 - ii. First in line to accompany an injured member to hospital/urgent care during tournaments or practice
5. Uphold all other responsibilities outlined in the Officer Handbooks.

10. If there are Co-Presidents:

- i. All presidential responsibilities will have an equal, 50/50 split of responsibilities between the two Co-Presidents
- ii. With no Vice President, one Co-President must be designated to manage the coaches and instructors, and the other must be designated to manage the safety officers.
- iii. If Co-Presidents cannot agree on a decision, the other Major Officers (Secretary, Treasurer) must vote to decide at the next officer meeting

We will vote to add these amendments at the next bi-weekly meeting.

THINGS I WANT

(Colin)

Eunji

- Make your calendar more specific (like for content days)
- I'd like to see more reels
 - First one is currently three weeks in
- Please present me a more organized calendar
 - Look up content calendar on Pinterest/Tiktok

Mason

- Start coming up with events.
- Our goal for the semester is 9.
- Start shooting out emails, and start reading ours (we've had 2-3 groups reach out to us)

THINGS I WANT

(Katie)

Junha

- Talk to more people
- Stay on top of dues sheets
- Reach out to people
(GroupMe, HeelLife, DSE Rec)
- Try to spice up your announcements

Arya

- \$\$\$

Everyone

- My phone broke and my now phone doesn't support Slack :(so please text me when there is info you need to relay 4pm-9am

THINGS TO BE AWARE OF

ON THE HORIZON...

- Mouthguard order
- Presentation to StuGo (9/10)
- Inventory
- Gear order form (please do ASAP)
- Merch order
- Richmond game (names due 9/9)

